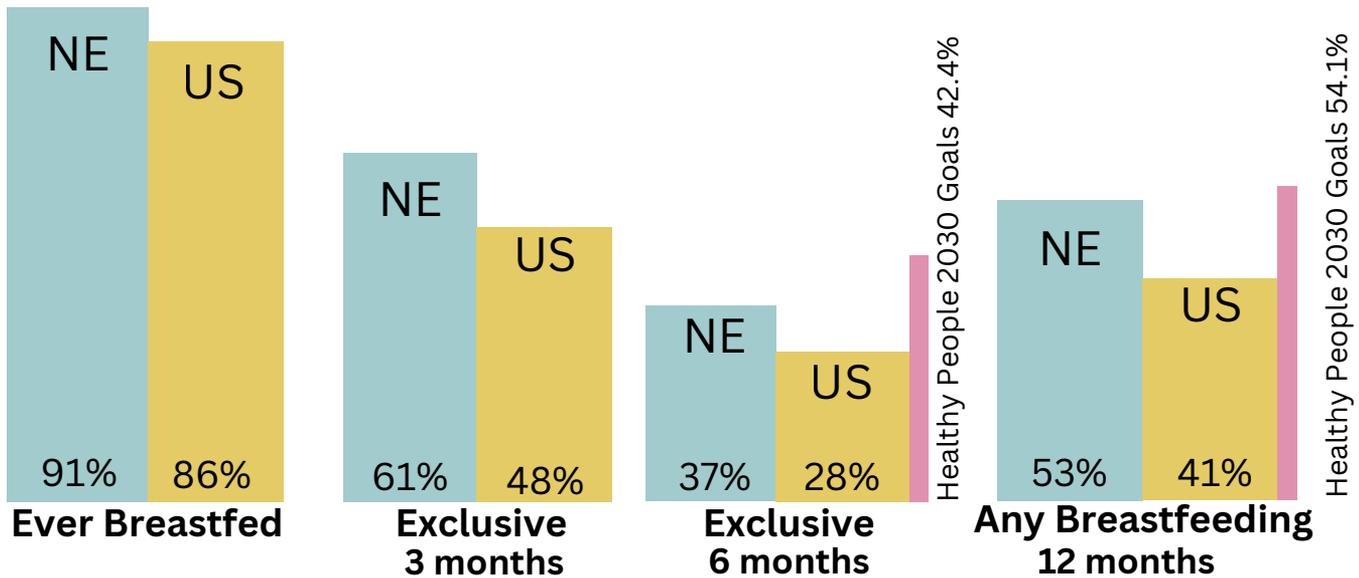


# State of Breastfeeding in Nebraska 2025

Nebraska ranks:

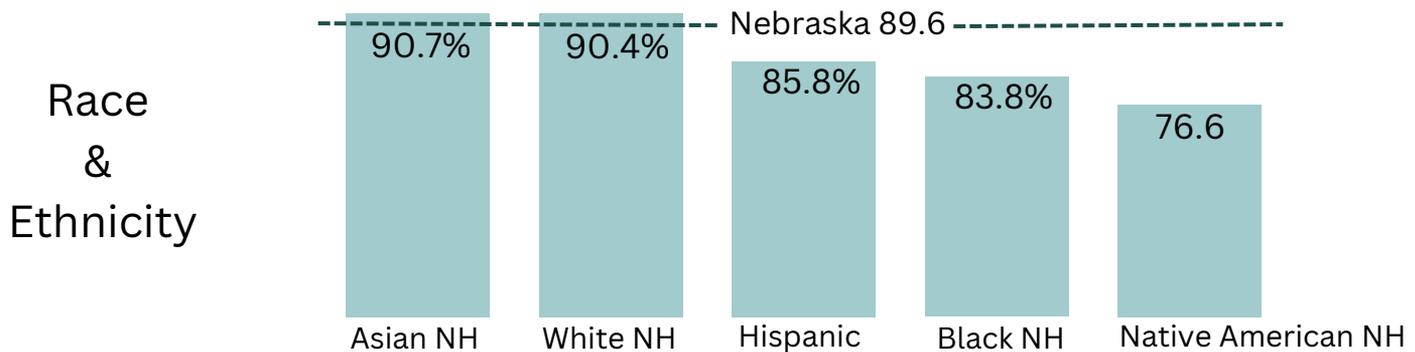
**1st** in the nation for rates of infants exclusively breastfeeding through 6 months

**3rd** in the nation for rates of infants exclusively breastfeeding through 3 months



Source: Centers for Disease Control's National Immunization Survey, babies born 2022

## Not All Families have an Equal Opportunity to Initiate Breastfeeding



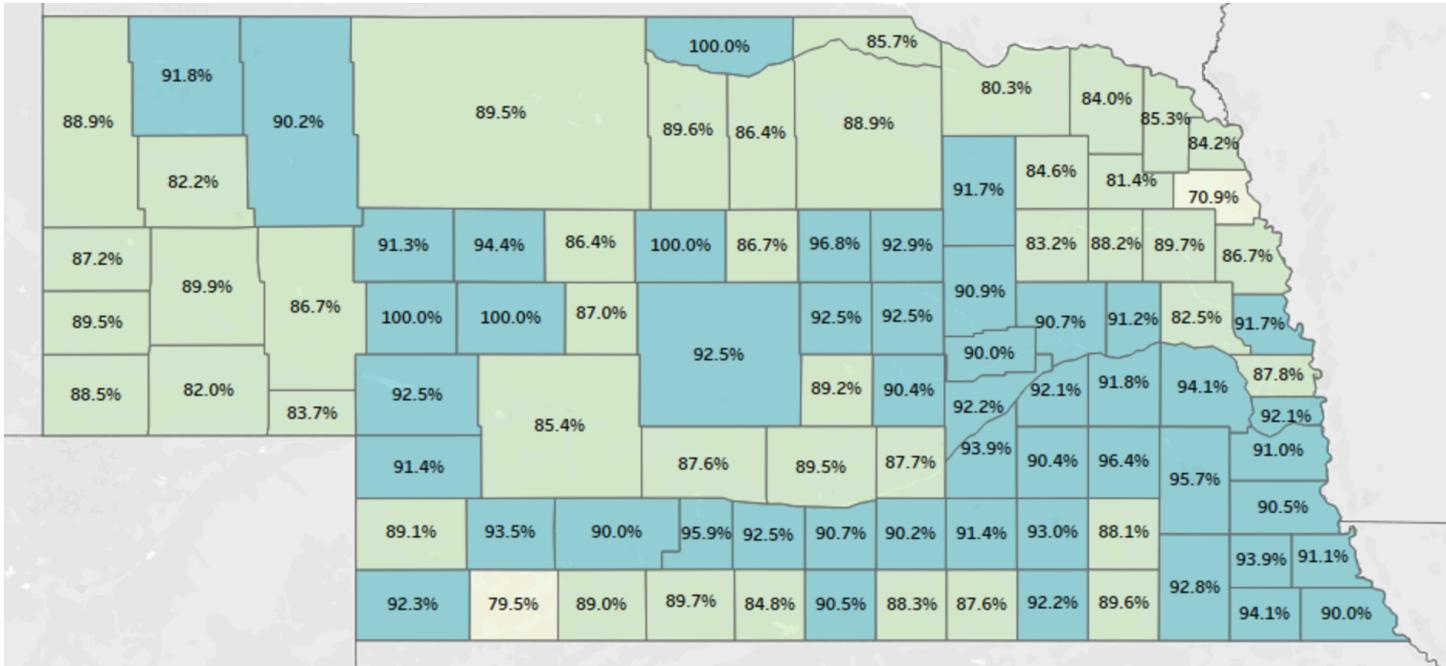
\*Note: NH = non-Hispanic

Source: US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Vital Statistics, 2023 Natality Historic File

### Workplace Support is VITAL

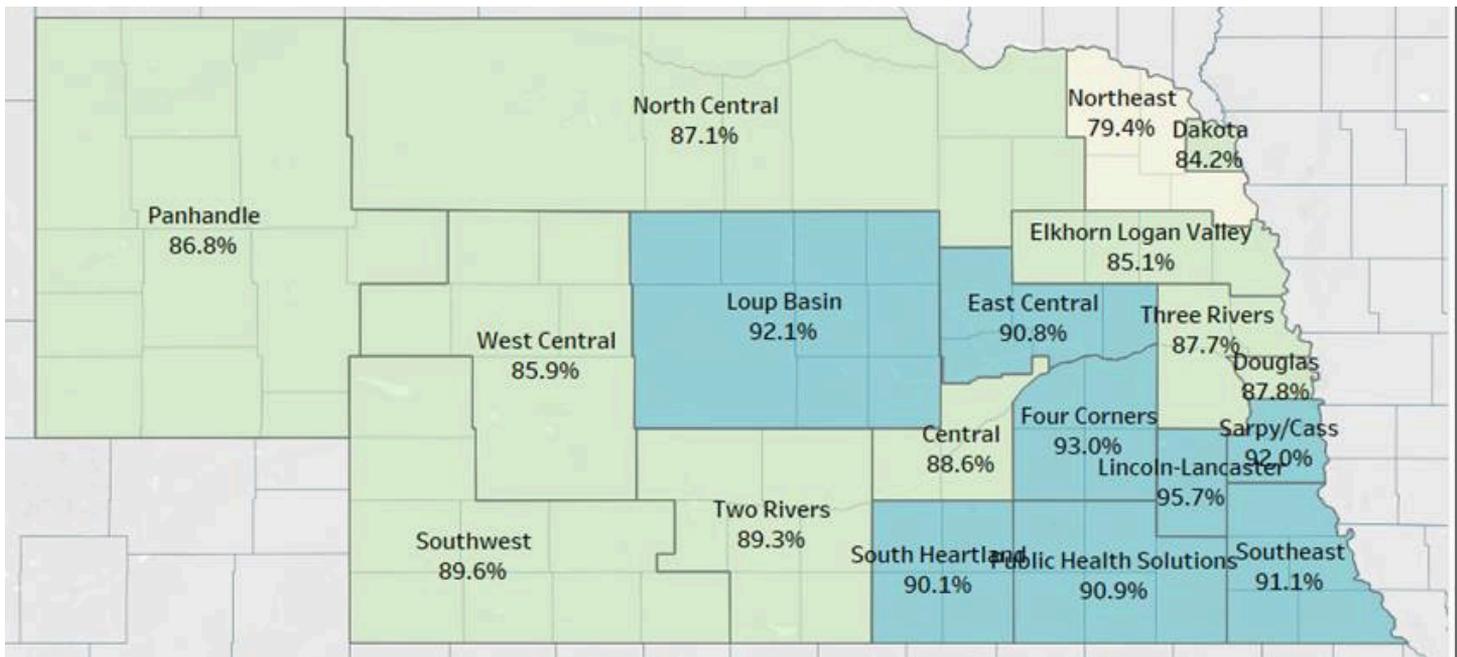
- 70% of Nebraska mothers return to the workforce after giving birth compared to 62.8% of mothers nationwide. (Source: Nebraska Department of Labor, 2019)
- NE is one of 37 states that **DOES NOT** provide guaranteed paid maternity leave.

# Breastfeeding Initiation by County



Source: United States Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Vital Statistics, 2023 Natality Historic File

# Breastfeeding Initiation by Health Department



Source: United States Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Vital Statistics, 2023 Natality Historic File

