Increasing Access to Critical Postpartum Health Care for New Parents and Children

During the 2024 session, the Nebraska Legislature passed LB 1106 and LB 1107 as part of LB 1215. This legislation increases access to critical postpartum health care for new parents and children who utilize Medicaid. Starting January 1, 2025, Nebraska parents and children covered by Medicaid will be able to access a high-quality double electric personal-use breast pump before and after birth as well as a minimum of 10 lactation consultation visits.

Who qualifies?

Every pregnant Nebraskan covered by Medicaid OR, **child** covered by Medicaid.

When can I get a breast pump?

Qualified persons can receive a breast pump at **36 weeks gestation** or on the **child's date of birth,** whichever is earlier.

How do I get a personal breast pump?

Get a prescription from your medical provider. If you need more information on how this works, please visit <u>milkworks.org/what-we-do/breast-pumps-at-milkworks.html</u>

Visit an in-network distributor for breast pumps:

STATEWIDE

United Healthcare Community Plan (UHCC) UHC.com/CommunityPlan

BEATRICE

Beatrice Community Hospital (402) 223-6529

FREMONT

NEW! Northeast Nebraska Community Action Partnership (402) 727-0608

GRAND ISLAND

Grand Island Regional Medical Center (308) 675-4550

HASTINGS

Mary Lanning Hospital (402) 460-5702

LINCOLN

Bluestem Health (402) 476-1455

Lincoln Lancaster County Health Department WIC (402) 441-6200

MilkWorks Lincoln (402) 423-6402

MACY

Carl T Curtis Health Education Center (402) 837-5381

OMAHA

Children's Nebraska (only available in the NICU) (402) 955-6152

Douglas County WIC (402) 215-3903

MilkWorks Omaha (402) 502-0617

Nebraska Medicine (402) 651-3776

OneWorld-South Omaha (402) 734-4110

WINNEBAGO

Twelve Clans Unity Hospital (402) 878-3615



How can I access lactation consultations?

Parents can search the Nebraska Breastfeeding Coalition's directory of lactation providers and filter for those who accept Medicaid. See a map of possible providers online at the link listed below. https://map.proxi.co/r/NEbfcLactationSupportMap_view

MilkWorks is in-network for lactation consultations with Nebraska Total Care, United Healthcare Community Plan and Molina Healthcare of Nebraska. Breastfeeding parents are welcome to call MilkWorks in Lincoln (402-423-6402) or Omaha (402-502-0617) and schedule an in-person appointment with an International Board-Certified Lactation Consultant (IBCLC), Nurse Practitioner or Breastfeeding Medicine Specialist. MilkWorks also offers telehealth consultations.

Helpful resources:

- MilkWorks Breastfeeding Information Center: milkworks.org/breastfeeding-information-center/breastfeeding-information-center.html
- Nebraska Breastfeeding Coalition: nebreastfeeding.org
- WIC Breastfeeding Support: wicbreastfeeding.fns.usda.gov
- ▲ La Leche League International 'Breastfeeding Info A to Z': Illi.org/breastfeeding-info
- ▲ La Leche League of Nebraska Local Meetings: Illofne.org
- Nebraska DHHS Breastfeeding: dhhs.ne.gov/Pages/breastfeeding.aspx