

May 2026 QUARTERLY MEETING

Zoom Link:

<https://us02web.zoom.us/j/85729889657?pwd=9ONOAxrMdbzPoRncKE344kiWbtr9IA.1>

CERP SESSION

10:00 - 11:00 CERP

- Welcome to our May CERP session!
- Explain that anyone who has purchased a \$40 Add-On, or registered as a FREE Student Add-On will receive a CERP for the session. Also, share what do attendees need to do to verify their attendance and how they will receive their CERP certificate? Renewal emails will go out each month to those whose add-on is expiring. If you would like to check on the date of your renewal please email info@nebreastfeeding.org.
- Please view our 2025 - 2026 CERP Policy if you have not had the chance. [CE Policy](#)
- **Introduce Abigail Shipp**
 - Abigail (Abby) Shipp is a certified birth and bereavement doula, childbirth educator, and lactation counselor with over a decade of experience supporting families through pregnancy, birth, and the postpartum period. She is passionate about providing compassionate, evidence-based education, particularly surrounding pregnancy and infant loss. As both a professional and a loss mother, Abby brings a unique blend of expertise and lived experience to her work, helping providers and communities better support grieving families. She lives with her husband and their four children, as well as her mother and is dedicated to strengthening care and understanding for families during the perinatal journey.
- Presentation by Abby
- After presentation, if time: Are there any questions?
- Thank you, Abby
- Notes: Abby Schipp, a certified birth and bereavement doula, presented during the May CERP session on pregnancy and infant loss and the important role lactation support plays for grieving families. The session reviewed statistics on pregnancy and infant loss, highlighted the emotional and physical impacts families may experience, and emphasized the need for compassionate, informed care. Discussion included lactation after loss, safe suppression methods, pumping and donation options, and ways providers can help families feel supported and empowered during grief. Attendees also explored practical recommendations for supporting bereaved families, including creating specialized intake processes, providing evidence-based resources, increasing community awareness, and connecting families with local support and milk donation resources.

MEMBER MEETING

11:15 – 11:30 Introductions

- Welcome to our May Quarterly Meeting!
- Call on each member present via zoom and ask them to share their name, community, organization & their title or role. Ask anyone who is able/would like to introduce themselves to turn on their camera.
- If you are a leadership member please identify yourself during your introduction.

11:30 – 11:50 Highlight 1: Cydney Gaines

- Cydney is the Assistant Director of Malone Maternal Wellness and MMW Doula Mentor, Cydney believes that every birthing person should have informed consent and informed refusal, that bodily autonomy and respect of choice is essential in maternal-fetal health, and that breastfeeding and lactation isn't just about the health and safety of baby and parent, but about the health of a nation. Cydney is also trained in pregnancy and infant loss, is a certified breastfeeding peer educator and pursuing to becoming an IBCLC, is a certified as an Evidence Based Birth® Instructor, and Body Ready Method Pro."
- Cydney's presentation.
- If time, questions for Cydney
- Thank you, Cydney!
- Notes: Cydney Gaines, Assistant Director of the Malone Maternal Wellness Program, presented an overview of their services, which include doula support, childbirth education, and breastfeeding support for families in Lincoln and Omaha. The program has served over 330 families in the last six and a half years, with a focus on providing comprehensive support up to two years postpartum. Sydney also detailed their milk share program where they are able to pick up and deliver pumped breastmilk within a two hour radius of Omaha. They provide families with a safe way to share breastmilk by screening each donor. View their site and services they offer here: <https://malonecenter.org/malone-milkshare-program/>

11:50 – 12:10 Highlight 2 : Ebony Reddick

- **Our second highlight is Ebony Reddick from IBBG**

Ebony Star Reddick, is a:

- Full-spectrum doula (13+ years experience)
- Breastfeeding educator (5+ years experience)
- Herbalist (10+ years experience)
- Maternal Health Initiative Coordinator program leader at IBBG
- Mother of 3 sons that all offered very unique feeding journeys

Ebony brings a holistic, culturally grounded approach to infant feeding support, meeting families where they are and helping them feel confident in their choices.

- Ebony's presentation.
- If time, does anyone have any questions for Ebony?
- Thank you, Ebony and IBBG not only for your presentation but for hosting us today!
- Notes: Ebony Reddick provided an overview of the Maternal Health Initiative (MHI) and Doula Passage Program (DPP) at IBBG, highlighting their funding sources, program structure, and current initiatives. The DPP is a 15-week in-person training program that has trained over 70 doulas, with about 40 currently active. Nebraska discussed plans to train 5 new doulas as International Board Certified Lactation Consultants (IBCLCs) and Certified Lactation Counselors (CLCs) by September, and mentioned a new cross-training program with Moorehouse College to prepare doulas as community healthcare workers. The discussion also covered their plans for expanding training to rural areas in 2027 through a "road show" approach to assess needs and build community partnerships. IBBG discussed partnering with the Coalitions mentorship program. View their site and resources here: <https://www.ibbg.org>

12:10 – 12:35 NE BFC Projects/Updates/Financial Report

Financial Report

- Fiscal year July 2025 - June 2026
- Q1: Amount of revenue \$20,660 (primarily 1:1 donations and Add-On's)
- Q1: Amount spent: \$12,024 (primarily Admin/Program contractor, technology, and marketing materials)
- Balance as of \$37,932
- This balance does not include a donation renewal of \$6,000 from Methodist Health Systems.

1:1 Campaign Update

- We are grateful to Methodist Health System for their generous support of the Nebraska Breastfeeding Coalition. Their contribution helps sustain our work to support breastfeeding families and providers across Nebraska.

Introduction of new LT members

- Nilofar Saidi
 - Hi everyone, my name is Nilofar Saidi. I was a doctor in my home country, and I'm excited to serve on the leadership team with the Nebraska Breastfeeding Coalition. In my role, I bring experience working in the health field and collaborating with organizations, and I'm able to support families in two languages. I provide education, resources, and encouragement around breastfeeding and maternal-child health. I joined the leadership team because I'm passionate about supporting breastfeeding and helping all families access the care and support they need.
- Chalandria James

Committees Update

- **Tiffany - MilkWorks**
 - Tiffany discussed the work going on behind the scenes about licensure in Nebraska. There will be a meeting held on Friday, July 10th for anyone who would like to be involved. tiffany@milkworks.org
- **Advocacy & Impact**
 - The committee is planning a **Legislation 101 education session**, targeted November, with the timeline to be finalized at the May LT meeting.
 - This committee has also been attending meetings with MilkWorks and others discussing licensure.
- **Awareness & Education**
 - The committee is beginning to **brainstorm topics and speakers for November CERP sessions for 2026 and 2027** based on the evaluations that are submitted by members.
 - This committee will also assist with developing **three educational breastfeeding-related posts per month**, including Spanish translations. Alexis will continue posting current events and coalition updates, while incorporating these posts as needed throughout the month.
- **Connection & Collaboration**
 - The committee has been focused on strengthening the **Breastfeeding Friendly Business Award** and developing a new **organizational partnership structure**.
 - For the award program, we are working to improve the application process to make it more user-friendly and accessible, including exploring options like QR codes, easier reapplication, and clearer forms. We are also building a system to track current and past award recipients and increase reapplication rates.

- In addition, the committee has outlined a **three-tier organizational partnership model** with defined benefits and contribution levels, and will begin outreach to potential partners across the state soon as soon as the structure is solidified.
- Overall, the focus right now is on **streamlining processes, increasing participation, and expanding partnerships** to grow the impact of both initiatives.
- **Representation & Inclusion**
 - We've already received **9 inquiries about our Mentorship Program in 2026**, showing continued interest in growing Nebraska's lactation workforce.
 - At the same time, we are working behind the scenes to strengthen our network. We are currently cross-checking our Lactation Support Map with our membership list to ensure alignment—making sure that providers listed on the map are also members, and that our members are accurately represented. This effort will help us **identify and close gaps**, improve visibility of services across the state, and ensure families can connect with the support they need.

Upcoming CERPs:

- **Brooke West, SLP: SLPs Role in Breastfeeding - Approved**
 - Speech-Language Pathologists role in breastfeeding may begin within hours, weeks, or months after delivery, in the Neonatal Intensive Care Unit (NICU), inpatient hospital, or outpatient setting.
 - Presentation will focus on identifying signs and symptoms associated with poor feeding which warrants speech therapy and the process of intervention.
- Presentations can be **solo or co-presented**, and we schedule well in advance to allow plenty of prep time. We also provide a **speaker stipend** and continuing education credits for attendees.
- If you're interested—or even just *curious*—we would love to talk with you. You can reach out to us after the meeting, send an email, or fill out the interest form we'll be sharing.
- <https://forms.gle/1nV1X75fvnuDiMG76>

12:35 – 12:45 Catch up/sharing/closing comments

Share: What is happening personally in your role or your organization/community that you would like to share?

SEE ZOOM CHAT BELOW:

10:04:31 From Chelsea Larmeu-BCH to Everyone:
Chelsea Larmeu- BCH

10:04:32 From Alisha Mor to Everyone:
Alisha Mor

10:04:41 From Shannon to Everyone:
Shannon Stellato

10:04:41 From DDStoffel to Everyone:
Deanna Stoffel

10:04:42 From dcepure to Everyone:
Daina Cepure Sain

10:04:44 From Carly Shapiro to Everyone:
Carly Shapiro

10:05:06 From Tiffany Keller to Everyone:
Good morning. Tiffany Keller

10:05:24 From Rachel Sazama- CDHD to Everyone:
Rachel Sazama

10:07:05 From Nebraska Breastfeeding Coalition to Everyone:
If you would like the CERP credit please put your first and last name in the chat

10:07:31 From Jill Dolberg to Everyone:
Jill Dolberg

10:08:26 From Dionna Schmidt to Everyone:
Dionna Schmidt

10:08:31 From Cheri's Sahm to Everyone:
Cheri Sahm is signed in

10:08:41 From Rachel Redepenning to Everyone:
Rachel Redepenning

10:29:40 From Holly Wagner to Everyone:
Holly Wagner has been here, forgot to sign in

10:34:39 From Latisha Taylor Burrell to Everyone:
Reacted to "Holly Wagner has been here, forgot to sign in" with ❤️

10:36:57 From Holly Wagner to Everyone:
St. Elizabeth is a Milk Depot for the Mother's Milk Bank of Iowa

10:37:31 From Tiffany Keller to Everyone:
Reacted to "St. Elizabeth is a M..." with ❤️

10:37:56 From karinaruiz-vargas to Everyone:
Reacted to "St. Elizabeth is a M..." with ❤️

10:40:02 From Tiffany Keller to Everyone:
Is there a list of local resources for memorial breastmilk pieces?

10:47:19 From karinaruiz-vargas to Everyone:
Replying to "Is there a list of l..."

I've only seen Birthmark Omaha on Facebook but I don't know that there is a list. This would be a great resource to create if no one has created it yet.

10:56:03 From Ann Seacrest to Everyone:
Ann Seacrest

10:57:30 From Tiffany Keller to Everyone:

Thank you for that presentation! Have a great day everyone! Tiffany Keller signing off.

10:59:10 From Nebraska Breastfeeding Coalition to Everyone:

We will be back at 11:15 for our member meeting

10:59:47 From Shannon to Everyone:

Replying to "Is there a list of I..."

Past Present and Forever is another local to Omaha area. I have some pieces from her.

11:18:17 From Shannon to Everyone:

Shannon Stellato, Breastfeeding Peer Counselor with Family Service WIC in Lincoln.

11:18:37 From Kaiya Mears to Everyone:

Kaiya Mears Lactation Consultant at Visiting Nurse Association

11:18:51 From Alisha Mor to Everyone:

Alisha Mor, MD, NABBLM-C. I practice in Blair in family medicine with OB, and breastfeeding and lactation medicine. Can see moms and babies, and very thing in between.

11:19:29 From Kathy Leeper to Everyone:

Reacted to "Alisha Mor, MD, NABB..." with ❤️

11:19:31 From Ilsa Gilbert to Everyone:

Ilsa Gilbert, Spanish speaking breastfeeding peer counselor for Family Service Lincoln - WIC

11:19:34 From Fajr Peter to Everyone:

Dawn (Fajr) Peters, Breastfeeding Peer Counselor with WIC in Omaha, doula, and lactation counselor providing culturally centered care

11:19:43 From Ann Seacrest to Everyone:

Ann Seacrest. RN and IBCLC in Lincoln

11:21:31 From Kathy Leeper to Everyone:

Kathy Leeper, MD, NABBLM-C on the board at MilkWorks and teach for IABLE (www.lacted.org)

11:21:45 From Kathy Leeper to Everyone:

Replying to "Kathy Leeper, MD, NA..."

Lincoln, NE

11:51:02 From Sayward Klinginsmith to Everyone:

Are all the staff and clients people of color for IBBG?

11:53:47 From Fajr Peter to Everyone:

I have to hop off. Will there be a recording?

11:54:09 From Nebraska Breastfeeding Coalition to Everyone:

We will have meeting minutes with any links go out with the evaluation. Thanks for joining!

11:54:48 From Fajr Peter to Everyone:

Thank you

12:01:07 From Ilsa Gilbert to Everyone:

Thank you for all the work you do! 🍷

12:12:19 From Tiffany Uher, MilkWorks to Everyone:

tiffany@milkworks.org

12:12:54 From Dionna Schmidt to Everyone:

We can't hear anything being said

12:12:56 From Tiffany Uher, MilkWorks to Everyone:

The group in person is on mute

12:14:45 From Nebraska Breastfeeding Coalition to Sayward Klinginsmith(direct message):

We have you sharing for the next comittee were you able to see this on the agenda?

12:15:22 From Sayward Klinginsmith to Nebraska Breastfeeding Coalition(direct message):

yes

12:19:07 From Sayward Klinginsmith to Everyone:

Sayward.morse@marylanning.org

12:21:03 From Nebraska Breastfeeding Coalition to Everyone:

<https://forms.gle/1nV1X75fvnuDiMG76>