

HEALTH EDUCATION TRACKER

NBC'S IBCLC MENTORSHIP PROGRAM

| Coursework | Date Completed | Transcript |
|--|----------------|-------------------------------------|
| Biology | | <input checked="" type="checkbox"/> |
| Human Anatomy | | <input checked="" type="checkbox"/> |
| Human Physiology | | <input checked="" type="checkbox"/> |
| Infant & Child Growth and Development | | <input checked="" type="checkbox"/> |
| Introduction to Clinical Research | | <input checked="" type="checkbox"/> |
| Nutrition | | <input checked="" type="checkbox"/> |
| Psychology or Counseling skills or Communication skills | | <input checked="" type="checkbox"/> |
| Sociology or Cultural Sensitivity or Cultural Anthropology | | <input checked="" type="checkbox"/> |
| 5 Hour Communication class | | <input type="checkbox"/> |
| Basic Life Support | | <input type="checkbox"/> |
| Medical Documentation | | <input type="checkbox"/> |
| Medical Terminology | | <input type="checkbox"/> |
| Occupational Safety and Security for Health Professional | | <input type="checkbox"/> |
| Professional Ethics for Health Professionals | | <input type="checkbox"/> |
| Universal Safety Precautions and Infection Control | | <input type="checkbox"/> |

CLINICAL HOURS PLANNER & TRACKER

- Pathway 1 : 1000 hours of lactation clinical practice
- Pathway 2 : 300 hours of directly supervised lactation clinical practice
- Pathway 3 : 500 hours of directly supervised lactation clinical practice

| Projected Start Date | Location / Clinic Site | Projected Hours |
|----------------------|------------------------|-----------------|
| | | |
| | | |
| | | |

(Use this planning tool to make a plan for obtaining clinical hours)

| Month / Year position began / ended | Location | Hours Received | Percentage of time dedicated to lactation | Total Hours |
|-------------------------------------|----------|----------------|---|-------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

(Use this template to create a digital or paper spread sheet to document all of your clinical hours)

EXAM

Target Exam Date: _____

Application Deadline: _____