

February Quarterly Meeting

From the comfort of your own screens *February 7, 2023 – 10am - Noon* Educate Advocate Collaborate

Agenda

Nebraska Breastfeeding Coalition



- Welcome & Introductions
 - → Ann Seacrest, IBCLC-newest team member
- Financial Update
 - → Invitation for Sponsorship
 - 2022 Recap
- 2023 Tasks and Opportunities
- Coalition Updates
 - → LB12 & LB13
 - Community Breastfeeding Initiatives
 - Lactation Professional Mapping
 - Communications Concerns
- Breakout Discussion
 - → What is the biggest challenge facing your community as far as breastfeeding advancement?
 - → Challenges you are facing in your lactation career.
 - → How do you think the coalition can best support your efforts in the community?
 - What is something on the horizon you are excited about surrounding breastfeeding?

Lead the Charge

- Do you have a passion for breastfeeding support and education?
- Are you looking for a way to be more involved in normalizing breastfeeding for Nebraska?
- Can you commit to at least 2 meetings per month?
- Do you have the capacity to assist with small projects?

Apply to join our Leadership Team!

Nebraska Breastfeeding Coalition Leadership Team Applications



https://forms.gle/7eUwdU5e2tuehTtL6

Financial Update

Fiscal Year: July 2022-June 2023

Current Number of Members: 130

• includes company memberships - 5 people maximum per company membership

Amount of revenue this fiscal year: \$450.00

Primarily individual/organizational membership dues

Amount spent this fiscal year: \$6,964.59

Primarily on website/technology and the Administrative Coordinator

Balance as of 1/31/2023: \$15,850.71

Invitation to Sponsor the Coalition

Community sponsorship and membership dues allow the Coalition to move strategic planning initiatives forward. If your business or organization would like to become a sponsor, please email <u>info@nebreastfeeding.org</u> or go to our website to learn more <u>www.nebreastfeeding.org</u>

Sponsoring Member Covers 10 individuals Provide operational and project funding to **Bronze Sponsor** \$500/year advance the Strategic Plan Silver Sponsor \$1000/year Recognition at all quarterly Gold Sponsor \$2500/year meetings, on Social Media and on the NE BEC website **Platinum Sponsor** \$5000/year homepage

Membership Criteria

Membership of the Nebraska Breastfeeding Coalition is open to anyone who is in agreement with the mission, goals and values of the Coalition. No person or organization shall be denied membership because of race, gender, religious preference, ethnicity, sexual orientation, age, disability or any other grounds in which it is not permissible to discriminate. Members may not receive personal compensation or commissions from infant formula companies.

Strategic Plan 2022-2025

- Focus Areas

Breastfeeding

- Clarifying the mission
- Diversity, equity, and inclusion
- Expanding our outreach and capacity
- Increasing representation
- Intentional advocacy

If you're interested in joining a workgroup or have ideas on how to advance the mission, email info@nebreastfeeding.org

Strategic Plan Primary Goals and Activities

Goal #1

Nebraska

Breastfeeding

Coalition

Improve the lactation workforce through diversification and professional support in Nebraska by 2025.

- Statewide Mentorship Program for IBCLC Candidates
- Scholarship opportunities through the Coalition
- Continuing Education provided through Coalition Meetings and other events

<u>Goal #2</u>

Increase NE BFC visibility and reach among Nebraska community partners by 2025.

- Greater involvement in Community events and activities
- Improvements to the Breastfeeding Friendly Establishment application and renewal process

<u>Goal #3</u>

Increase NE BFC network advocacy efforts by 2025 for relevant policies and practices at the local, State, and National levels that promote breastfeeding in Nebraska.

• Greater involvement in the promotion of breastfeeding initiatives in legislation, health system policy, and community advocacy



2022 Recap

- Wrote to Senator Fischer to support the PUMP Act
- Attained NE Breastfeeding Month proclamation from Governor Ricketts
- Exhibited at Food Day Omaha
- Finalized the Strategic Plan
- Began the planning process of a state wide mentorship program for aspiring IBCLCs
- Began collecting information for a statewide lactation supporter map
- Offered 3 Continuing Education opportunities
- Grew our leadership team!



2023 Task List

- Engage the community to increase revenue
- Formalize sponsorships to support Strategic Initiatives
- Grow the membership
- Improve communications (email and newsletters)
- Offer 2-3 Continuing Education opportunities Finalize the IBCLC mentorship program
- Begin round table gatherings for CBIs
- Increase presence at community maternal and infant centered events



Coalition Updates

LB12 & LB13

- Introduced by Senator Carol Blood
- LB12's current language indicates the establishment of Milk Bank in Nebraska
 - This was not the intention of the Senator
 - Health and Human Services Committee hearing was last Wednesday, 2/1
- LB13 establishes coverage of donor Breastmilk by Medicaid
 - HHS hearing is Wednesday, 2/8 @ 9:30am in room 1510
 - Statements can be read in person -or- sent in through the online portal by 12pm



Lactation Supporters Map

We want to know who's in our communities helping families

All lactation credentials are welcome!

See the website to add your information!

Breastfeeding Friendly Designation

Supporting breastfeeding mothers in the workplace is not only the law but is one way for businesses to embrace wellness, impact health care costs, lower absenteeism, and be seen as a family-friendly business for potential and current employees.

- Applying is free for all businesses and organizations
- Designation is re-evaluated annually
- Member sites will receive:
 - Printed materials supporting breastfeeding in the workplace
 - A Nebraska Breastfeeding Coalition Breastfeeding Friendly window cling for display purposes
- If you have not been contacted regarding your renewal, send us an email at info@nebreastfeeding.org or let us know in the chat

Newsletter Entry Requests

Please help us inform all lactation advocates in Nebraska with the most recent news!

- Do you know of any upcoming events or continuing education (local or beyond)?
- Have any opportunities that advocates need to know about?
- Is your community doing great things? Does your community need help? We'd love to share any community updates!

Email us at: info@nebreastfeeding.org Educate Advocate Collaborate



Your Voice Matters: Group Discussion

Questions

1.What is the biggest challenge facing your community as far as breastfeeding advancement?

2. If you are in a lactation career, what challenges are you facing? (e.g. challenges in delivering services to clients or challenges in advancing to the next level of certification, etc)

Questions

3. In what ways can the coalition support your efforts (to normalize breastfeeding, protect rights for breastfeeding mothers, make lactation support available, etc.) in your community?

4. What is something on the horizon you are excited about surrounding breastfeeding?

5. What kinds of membership benefits are most valuable to you as a coalition member? Educate Advocate Collaborate



Recap/Regroup

Join Our Mission

Become a member or renew today! nebreastfeeding.org

Membership Benefits

- Regular communication on Nebraska Breastfeeding Coalition Activities
- Use of Coalition materials
- Opportunity to contribute to Coalition activities
- Professional/Networking affiliations
- Opportunities to attend sponsored conferences



Future Quarterly Meetings

2023 Meeting Dates May 2, 2023 August 1, 2023 November 7, 2023

www.nebreastfeeding.org