

WHEREAS,

Human milk feeding is the biological norm for infant feeding and a proven primary prevention strategy that builds a foundation for life-long health and wellness; and

WHEREAS,

Medical authorities recommend exclusive human milk feeding for the first six months of life, with continued human milk feeding for at least one year; and

WHEREAS.

The consistent and well-documented health, economic, environmental benefits of human milk feeding show that this is an investment that will continue to produce measurable dividends across the country and many times over for families, employers, and the government; and

WHEREAS.

Increased access to lactation support can help to increase breastfeeding rates and lead to an associated decrease in risk for a variety of negative health outcomes; and

WHEREAS.

A recent Centers for Disease Control and Prevention analysis of birth certificate data reports that among infants born in 2019, 88.9 percent of infants in Nebraska were ever breastfed; and

WHEREAS.

National Breastfeeding Month and World Breastfeeding Week provide important opportunities to address barriers to breastfeeding faced by families across the United States and around the world; and

WHEREAS.

The Nebraska Breastfeeding Coalition works diligently to normalize breastfeeding for all Nebraskans and to increase access within the field of lactation.

NOW, THEREFORE,

I, Pete Ricketts, Governor of the State of Nebraska, DO HEREBY PROCLAIM the month of August, 2022 as



## BREASTFEEDING MONTH

in Nebraska, and I do hereby urge all citizens to take due note of the observance.

IN WITNESS WHEREOF, I have hereunto set my hand, and cause the Great Seal of the State of Nebraska to be affixed this Fifth day of July in the year of our Lord Two Thousand Twenty-two.

Attest: